



PUTAHRACSA  
daySpa

## Just "Spa" me for a unique moment

PUTAHRACSA DAY SPA COMBINES COLOR THERAPY, A TECHNIQUE OF RESTORING IMBALANCES IN YOUR BODY THROUGH THE SENSE OF SIGHT, WITH THE POWER OF AROMATHERAPY THAT USES ESSENTIAL OILS IMPROVING A PERSON 'S HEALTH OR MOOD, AND A TOUCH OF SERVICE MIND.

○ UNWIND

△ RECHARGE

□ DETOX

BEGIN YOUR UNFORGETTABLE SPA EXPERIENCE WITH CUSTOMIZED REFRESHMENTS, SPECIFIC SCENTS TO BALANCE YOUR MIND, AND CUSTOM TAILORED ROOM LIGHTING, MODULATED TO MATCH YOUR SPA PURPOSE. ENJOY A PERSONALIZED JOURNEY, COMPLETED WITH FRESH GINGER TEA AND SELECTED DRIED FRUITS.

TREATMENT ARE CAREFULLY SELECTED TO DELIVER HOLISTIC WELL BEING TO EACH INDIVIDUAL SPA GUEST

OPEN DAILY, FROM 10AM TO 8PM

PLEASE DIAL EXTENSION "2" TO CONTACT US

ALL OUR PRICE ARE IN THAI BATH AND NET

IF YOU WISH TO RECEIVE A MASSAGE IN THE PRIVACY OF YOUR VILLA OR ROOM, AN ADDITIONAL FEE WILL OCCUR

## PUTAHRACSA WELL BEING TIME

INSTEAD OF PURCHASING INDIVIDUAL TREATMENTS OR PACKAGES, WE OFFER "TIME" TO YOU. DESIGN YOUR OWN TREATMENTS WITHIN THE TIME FRAME OF YOUR SELECTION, MIX AND MATCH THE EXACT TREATMENT YOU ARE LOOKING FOR WITHOUT HAVING TO GO FOR PACKAGES THAT MIGHT INCLUDE PARTS THAT ARE NOT DESIRED.

120 MINUTES	2,400
180 MINUTES	3,400
240 MINUTES	4,100

## COUPLE'S PACKAGE

SPEND AN UTTERLY RELAXING DAY TOGETHER IN OUR PRIVATE COUPLE SPA SUITE COMPLEMENTED BY A GLASS OF SPARKLING WINE AND CHOCOLATE DIPPED FRUITS

○ <i>A touch of romance</i> (180 MINUTES)	6,800
• STEAM THERAPY	
• PURE HONEY SCRUB	
• FLORAL BATH	
• PURIFYING MASSAGE	
• EXTREME MOISTURIZING FACIAL	
Δ <i>Heaven for two</i> (135 MINUTES)	4,800
• OCEAN SALT SCRUB	
• FLORAL BATH	
• THE PUTAHRACSA LAVA MASSAGE	

## HER HANDS & FEET WONDERS

MANICURE <u>OR</u> PEDICURE / 60 MINUTES	700
FRENCH MANICURE <u>OR</u> FRENCH PEDICURE / 60 MINUTES	700
MANICURE AND PEDICURE	1,200
FRENCH MANICURE AND FRENCH PEDICURE	1,200
EXPRESS NAIL CARE / 30 MINUTES	400

## WAXING

LIP / 20 MINUTES	350
UNDER ARMS / 20 MINUTES	550
BIKINI / 30 MINUTES	750
HALF LEG / 45 MINUTES	750
FULL LEG / 60 MINUTES	850
ARMS / 60 MINUTES	850
BACK / 60 MINUTES	950

## BODY MESSAGES

### Δ Tom Yum Massage Ritual

2,200

(90 MINUTES)

PUTAHRACSA'S SIGNATURE TREATMENT DESIGNED TO COMBINE ONLY NATURAL INGREDIENTS USED IN ANCIENT TIMES AS SPA REMEDIES AND ARE NOW RE DISCOVERED IN OUR SPA WITH NEW TECHNIQUES. LEMONGRASS IS A NATURAL SKIN TONER THAT EXFOLIATES AND PURIFIES WHILE LEAVING THE SKIN ENERGIZED. A MASSAGE WITH A WARM SEA SAND POUCH, INFUSED WITH LEMONGRASS AND KAFFIR LIME OIL STIMULATES BLOOD CIRCULATION AND RELIEVES MUSCLES SORENESS.

### Δ The Putahracsa Lava Massage

2,000

(90 MINUTES)

BASED ON TRADITIONAL AYURAVEDA CARE FUSED WITH ASIAN TECHNIQUES USING PURE NATURAL INGREDIENTS THAT ARE MELTED FROM HOT MASSAGE CANDLES, STIMULATING BLOOD CIRCULATION, RELIEVE FROM THE DAILY STRESS AND PROMOTE THE ELASTICITY OF YOUR SKIN AS WELL PREVENTING THE OXIDATION OF THE SKIN.

### □ Earth Stone Massage

2,000

(90 MINUTES)

A REBALANCED MASSAGE COMBINING HANDS AND HEATED BLACK BASALT STONES CAREFULLY APPLIED TO KEY POINTS ON YOUR BODY TO ACHIEVE PERFECT HARMONY.

### ○ Purifying Massage

1,400/ 1,600

(60/90 MINUTES)

AN ESSENTIAL OIL REJUVENATING MASSAGE TO RELAX AND SOOTH YOU.

### Δ Energizing Massage

1,400/ 1,600

(60/90 MINUTES)

A WONDERFUL BOTANICAL OIL MASSAGE TO RELIEVE ACHES, PAIN AND STRAINS ESPECIALLY FOR THOSE WHO PREFER A STRONG MASSAGE.

### Δ Traditional Thai Massage

900/ 1,200

(60/90 MINUTES)

DEEP TISSUE AND STRETCHING TECHNIQUES TO REDUCE STRESS AND RELIEVE MUSCLE SORENESS.

### Δ Stress Relief Massage

1,000

(45 MINUTES)

ENJOY A COMPLETE BACK, NECK AND SHOULDER MASSAGE USING DEEP TISSUE TECHNIQUES COMBINED WITH MUSCULAR RELEASE BALM TO EASE TENSION AND RELAX THE MUSCLES.

### Δ Refreshing Foot Massage

700

(45 MINUTES)

BEGIN WITH WARM FOOT SOAK AND HERBAL FOOT SCRUB, A WONDERFUL WAY TO DE-STRESS BEFORE A RELAXING FOOT MASSAGE.

### Add On : Herbal Compress

500

(30 MINUTES)

THIS HERBAL THERAPY HAS A RELAXING AND INVIGORATING EFFECT ON THE BODY AND MIND, SOOTHING OVERWORKED MUSCLES. A SELECTION OF THERAPEUTIC HERBS WRAPPED IN A MUSLIN COMPRESS, STEAMED AND THEN APPLIED TO THE BODY.

## FACE DELIGHTS

- Δ Extreme Moisturizing** 2,000  
(60 MINUTES)  
A DELIGHTFUL AROMATIC BLEND OF PURE ESSENT OILS, NEROLI AND LAVENDER ESSENTIAL OIL REPAIR AND NOURISH, WHILE REGULATING YOUR SKIN 'S DELICATE MOISTURE BALANCE. AN AROMATIC MASSAGE TREATMENT SUITED FOR ALL SKIN TYPES.
- O Skin Recovery** 2,000  
(60 MINUTES)  
DESENSITIZE FOR VISIBLE IMPROVEMENT! CREAMY AND GENTLY ALLEVIATING SKIN MASK THAT CALMS YOUR SKIN WITH A SELECT COMBINATION OF ZINC OXIDE AND SHEA BUTTER. TO DIFFUSE REDNESS AND SOOTHE IRRITATION FOR A CALM, SMOOTH APPEARANCE.
- Less Oil More Grace** 2,200  
(60 MINUTES)  
THIS KAOLIN BASED TREATMENT IS DESIGNED TO DEEP-CLEAN AND CLARIFY THE SKIN. EXFOLIATION TECHNIQUES LEAVE YOUR SKIN PERFECTLY BALANCED. THIS COMBINATION MASK HELP TO PURIFY YOUR SKIN, CONTROL T - ZONE OILINESS AND PROVIDES A RADIANCE AND REJUVENATED LOOK.
- Δ Age Defying** 2,500  
(60 MINUTES)  
EXCLUSIVE, ANTI-AGING FREEZE-DRIED TREATMENT WITH A BLEND OF OLIGOSACCHARIDES, PURE FRENCH SEAWEED EXTRACT, PHYTO - SQUALANE AND ELASTIN PEPTIDES. THIS POWERFUL TREATMENT HELPS PREVENT PREMATURE SLACKENING, REDUCE WRINKLES AND DELIVERS HYDRATE AND TIGHTENING BENEFITS. IDEAL FOR ANY SKIN TYPE SHOWING SIGNS OF AGE. YOUR SKIN WILL LOOK SMOOTH, CLEAR AND WONDERFUL REFRESHED.
- Δ White Star Even Skin Tone** 2,500  
(60 MINUTES)  
THIS CORRECTING TREATMENT WILL VISIBLY BRIGHTEN UP THE COMPLEXION OF YOUR SKINS AND REDUCES THE APPEARANCE OF SUN SPOTS AND AGE SPOTS TO UNVEIL A MORE EVEN SKIN TONE. ITS DETOXIFYING ANTIOXIDANTS NEUTRALIZE DAMAGE FROM AIR POLLUTANTS WHILE SEASOURCED MINERALS AND MOISTURIZERS KEEP YOUR SKIN GLOWING.
- Nourishing Mini Facial** 1,200  
(30 MINUTES)  
AN INSTANT TREATMENT AS NEEDED FOR YOUR FACIAL RENEWAL.

## BODY THERAPY

- O After Sun Recovery** 1,200  
(40 MINUTES)  
THE PERFECT MOISTURE BODY MASK WILL EASE ANY PAIN AND HELP THE SKIN HEALING PROCESS
- Δ Ocean Salt Scrub** 1,200  
(40 MINUTES)  
A BODY SCRUB WITH SEA SALT AND ESSENTIAL BOTANICAL OIL TO SOOTH AND NOURISH YOUR SKIN
- O Pure Honey Scrub** 1,200  
(40 MINUTES)  
USING THE PUREST AND NATURAL FOREST HONEY AND OATMEAL TO KEEP YOUR SKIN GLOWING AND HEALTHIER LOOKING
- Detoxifying Scrub** 1,200  
(40 MINUTES)  
A FULL BODY SCRUB USING A BLEND OF COFFEE WITH A PURE MOISTURIZING TO DETOXIFYING AND LEAVE YOUR SKIN SMOOTHES AS SILK

## HYDROTHERAPY

### O Soothing Milk Bath (30 MINUTES)

Single / Couple  
700/ 800

YOUR SENSE WILL BE INFUSED WITH THE SCENT OF ESSENTIAL OIL, MILK SERVES AS A GENTLE SKIN EXFOLIANT AND BODY MOISTURIZER WHILE HONEY IS SKIN REGENERATING.

### Δ Citrus Energizing Bath (30 MINUTES)

700/ 800

BREATHE IN THE FRESH SCENT AND FEEL YOURSELF COME TO LIFE. THE LIGHT AROMA INVOKES YOUR SENSE AND BOOSTS YOUR BODY'S ENERGY LEVEL AND A NATURAL SKIN CARE. CITRUS ESSENTIAL OIL WILL HELP TO BALANCE MOODS AND DECREASE CELLULITE.

### □ Ginger Herbal Bath (30 MINUTES)

700/ 800

CLEANSE THE BODY, RELAX THE MIND AND PROVIDES EXTRA SUPPORT TO VARIOUS SYSTEMS OF THE BODY. A GINGER BATH IS A WAY TO SWEAT ALL THOSE NASTY TOXINS OUT OF YOUR BODY, WONDERFULLY IN TREATING COMMON COLD AND FLU SYMPTOMS.

### Steam Therapy (30 MINUTES)

500/ 600

A RELAXATION ELEMENT TO EASE YOUR STRESS AND CLEAR YOUR MIND, RECOVER MUSCLE SORENESS, BOOST THE IMMUNE SYSTEM AND THE QUICKEST WAY TO DETOXIFY.

## ESSENTIALS FOR HIM

### Δ Intensive Back Care (90 MINUTES)

1,800

DESIGNED TO TREAT HARD TO REACH AREAS OF THE BACK, CONSISTS OF FULL BODY SCRUB AND STRESS RELIEF MASSAGE. SELECT A CHOICE OF HEAT MASK FOR SKIN DETOXIFICATION OR A BACK WAX TO GET RID OF BODY HAIR.

### Δ Revitalizing for Men (90 MINUTES)

2,300

BEGINS WITH A WARM STONES MASSAGE TO RELEASE STRESS ON YOUR BACK AND NECK, FOLLOWED BY A CUSTOMIZED FACIAL TO REFRESH YOUR SKIN. COMPLETED WITH A RELAXING HEAD AND SCALP MASSAGE.

### □ Body Balance (90 MINUTES)

1,800

A BLEND OF THAI & WESTERN MASSAGE TECHNIQUES WITH A WARM THAI HERBAL COMPRESS TO RELIEVE BODY TENSION, RELAX AND PROMOTE A BETTER SLEEP PATTERN

### O Skin Rejuvenation (60 MINUTES)

2,000

A COMPLETE MIND AND BALANCING FACIAL TREATMENT SPECIFICALLY FORMULATED TO MEN NEEDS. CREATED TO SOOTH SENSITIVE SKIN CAUSED BY OF SHAVING AND DEEP CLEANSING FROM DAILY ACTIVITIES.

## HIS HANDS & FEET

MANICURE / 50 MINUTES

650

PEDICURE / 50 MINUTES

650

# Make it simply unique!

## RESERVATION

INFORMATION AS WELL RESERVATION CAN BE DONE BY TELEPHONE BY PRESSING "2" ON YOUR TELEPHONE OR BY VISITING US AT THE SPA, FROM 10AM TO 8PM

## ARRIVAL TIME

TO MAKE YOUR EXPERIENCE WITH US AS EFFICIENT AND BENEFICIAL AS POSSIBLE WE RECOMMEND YOU TO ARRIVE 5 MINUTES BEFORE YOUR TREATMENT. IN CASE OF LATE ARRIVAL, YOUR TREATMENT WILL END ON SCHEDULED TIME SO THAT OUR NEXT GUEST WILL NOT BE DELAYED.

## ATTIRE

YOU DO NOT HAVE TO BRING ANY SPECIAL CLOTHING; WE ARE PLEASED TO PROVIDE APPROPRIATE CLOTHES ACCORDINGLY. DISPOSABLE UNDERWEAR IS PROVIDED FOR ANY BODY TREATMENT AS WELL MASSAGE.

## PRIVACY

IN RESPECT TO OTHERS, WE KINDLY ASK YOU TO SWITCH OFF YOUR MOBILE PHONE OR USE VIBRATE MODE ONLY.

## PREPARATION PRIOR TO YOUR EXPERIENCE

FOR MALE GUEST WE DO RECOMMEND TO SHAVE PRIOR ANY FACIAL TREATMENT.

## CANCELLATION

IF YOU DECIDE TO CANCEL YOUR EXPERIENCE WITH US, PLEASE KINDLY INFORM US AS SOON AS POSSIBLE. IN CASE OF NO SHOW OR CANCELLATION LESS THAN ONE HOUR BEFORE YOUR EXPERIENCE, A 50% CANCELLATION FEE WILL BE REQUESTED.